

WOMAN'S HERALD

Devoted to the Household, the Fashions and the Activities of Women.

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DAILY DEPARTMENT OF THE WASHINGTON HERALD.

Correspondence is invited. Address all communications to the Woman's Editor of The Washington Herald.

FRIDAY, MARCH 12, 1915.

Outdoors Weather Is Here.

Once ventilation means opening the windows every morning for a stated period.

Later it meant opening all the sleeping-room windows at bedtime and leaving them open all night, and keeping some windows open, top and bottom, throughout the day.

Then we found out that the air in a room was not always fresh even if the windows were open. So we took to sleeping on porches and otherwise in the open, if possible.

Now we are told that outdoors air is not always fresh. Apparently, unless there is a baby cyclone raging all the time, and unless it so rains that it constantly exchanges the fresh air of heaven for the vitiated air of earth, the air in the corner of a bedroom when a draught is rushing through the window is it.

If we took seriously everything that is found out about the state of the atmosphere that enfolds the world, we might become discouraged, and wonder if our overworked lungs could expect any help save from tanks of oxygen or on the top of high mountains, too far above the dust and germ infested earth to be in danger.

Now much of what the scientists tell us about the lack of true ventilation in a room with the windows open is true. But that does not mean that we should close the windows. It means rather that we should open them wider. And so, just because somebody has said that fresh outdoors air is far from pure—is not really "ventilated"—we should not stay indoors.

Now, every one in the world should take advantage of the coming of warmer weather, and make it a point to spend as much time as possible in the open. For whatever may be the matter with outdoors air, it is usually infinitely better than that indoors.

A Noted Singer's Advice.

Glad you have sweet voices and play nicely and do not have not had the advantage of much training will find the following hints of considerable help.

Choose notes that are not over-pretentious or difficult.

Never strain after high notes, but select notes which are easily within your range. It is as distressing to listen to notes being wrung out with a difficulty which suggests that something must go wrong in a minute.

Never take breath in the middle of a word, even though it may last on several notes, or go too long without a breath, or take it in quick, audible gasps.

My first singing hint also applies to the amateur pianist. Select music which does not call for brilliant execution and skilled technique, says the Philadelphia Inquirer.

It is embarrassing for your listeners if you are straining discordantly, brokenly, through cords and difficult passages which only a skilled player can master after years of patient and steady study. Simple music well played gives far more pleasure and the idea of much greater proficiency.

When you play an accompaniment don't forget that it is the vocalists' show, and that the accompaniment must wait on the voice.

Never expect if you can know your part better than the singer knows his; you must just help out the voice, not run away from it or eclipse it.

Above all, if you can play or sing, be it ever so little, don't give up giving pleasure or want a lot of working and "pressing," but bump up willingly and to your best.

Are You a Honey Bee?

Are you a Honey Bee?
This is the way to determine:
Are you a woman?
Are you unmarried?
Are you paid—eight?
Do you earn your own living?
Do you contribute to the support of others?
Have you ever longed to give up your independence?
Have you failed to find the "right man"—one you could really love?
If you can answer all of these questions in the affirmative then you are a Honey Bee. It is estimated that there are 200,000 of them in the great hive of American society today. Are you one of the 200,000?

The Honey Bee is the new type of American woman; she is essentially the product of present social and economic conditions. She has not long existed in American society. The feminist movement has been her creator. For the Honey Bee may be said to be the outgrowth of that movement, or, better, her estate may be called the climax of it.

The Honey Bee type of woman has been developing during the last ten or fifteen years, and is unknown to most of us. In fact, Samuel Merwin, the author, has been the first to recognize her existence, and so fascinated was he at his discovery that he has written a story about her life.

Can't Tell Honey Bee from Looks.
You can't tell a Honey Bee from the average "working girl" of today simply by looking at her, yet she represents a distinctive social group. The difference lies in her state of mind, for she has her own mental processes, her own emotions, her own viewpoint. Nor are these apparent while she toils away, complying with the rule and routine of her "job." It is when she "lets down"—when the burdens are lifted for the brief period of a "rest" or a vacation when she finds herself free to do and act as she will, taking the air down deep in her lungs, flushing from the very freedom with which she is enabled to breathe.

Wants to Be—But Can't.
Yet we should not overlook the fact that she is the same woman who, in her childhood, yearned for independence, who absorbed the idea of ever having to look to another man for her support unless she wanted to, a true feminist. And at the Honey Bee stage she wants to—and must!

Yet, ten years older, ten years broader in experience, though the world does not realize it, she is much in revolt as she was in her teens. Within her breast is a feeling of rebellion—resentment against a world which has not changed as she has. From Salomander to Honey Bee—a strange metamorphosis, indeed! Yet, come come, friendly Fairy, bring her to grant her one wish to assure her happiness, that wish would be that she could give up her independence and start life over again as she was before she was a woman.

Where the Honey Bee Comes In.
But where does the likeness to the Honey Bee come in? The answer, as pointed out by Mr. Merwin in "The Honey Bee," lies in the resemblance between modern American society and the conditions of the honey bee's life. They are like as two peas in a pod.

The bees, in the first place, suffer the existence of two distinct types of females within the hive. These types are composed of two separate classes. There is the queen bee, who, of herself, makes up one class. The second group is composed of the lower bees, the worker bees who assume the responsibilities, produce the material things (the wax and the honey). They go on working, day in and day out until they die, un-

heeded by the males, who seem to take their existence for granted. In the bee hive the worker bees are the "stable commodities."

The queen bee, on the other hand, produces nothing material, contributes nothing to the welfare of the hive, yet it is she who receives all of the attention of the males. It is she whom they feed and care for and adore and admire. Her very indifference to the responsibilities of life seems to fascinate and attract them.

But, though the worker bees live their lives of unceasing travail there comes a time when they revolt. It is when the flowers run out and they can not get much honey from the fields. Then, the bee-keeper tells us, they become crazy, as it were. They go robbing other hives—or jam pots in the pantry—most anything just so it is sweet. They are demoralized; they get honey drunk; they lose their mental balance, apparently. In a spirit of rebellion they leave the hive. Swarming, some call it, but when one recalls that bees never swarm in the strict sense unless they are led by their queen, this departure of the workers from the hive, comes to possess a new significance.

Queens and Workers in Society.
So it is that Mr. Merwin, in "The Honey Bee," draws his analogy between the bees and contemporary society. We human beings have our two distinctive groups of females—the queens of leisure, who do not feel the exacting responsibility and necessity to play for themselves in the great work-a-day world, surrounded by the males, who contribute to their welfare and their needs and asking nothing in return, living a life of happy irresponsibility and enjoying the fulfillment of their desires. On the other hand, there are the workers who bear the burdens, who contribute the material things, who understand responsibility and are entrusted with it. Society regards them as stable commodities, yet within them, as with the worker bees, there is that desire to revolt—to get away from it all. But these human worker bees interpret it as the feeling that they need a rest, though deep down in their hearts there is yearning for something more—a desire to fulfill the ancient purpose of their being.

Once free of the grinding grind, the treadmill routine of the office, the shop, or the department, they too, go crazy; they "go home honey drunk!" Turbulent, torn by conflicting emotions, they, too, sometimes cross another's threshold to gain that which they crave.

Thus it is that through his analogy Mr. Merwin gives a clever analysis of the modern unmarried woman, the woman who works 8 hours a day, six days a week, who wins her way to real business success, who has independence and opportunity to see the great world, but who has not love.

One realizes, when his attention is called to it, that there are thousands—hundreds of thousands—of just such women in the world today. A vast, new social group. Ideal wives to whom the right man never comes, potential mothers whose life itself, perhaps, prevents a husband's coming, they must go with empty arms to the grave.

This analysis of Mr. Merwin's in "The Honey Bee" surely throws a new light on feminism.

House-Wives Daily Economy Calendar.

Spring is here, or nearly here, and it is time for the woman who wants to make the best of the out-of-doors to plan to utilize every spare moment.

Spring is here, or nearly here, and it is time again to help to plan for an out-of-doors life for everybody. This is especially so in families where there are children, for they have several months more of confinement in school, and yet they need as much air and exercise now as they need later on when vacation time arrives.

Saturdays should be spent out of doors for the rest of the school year. The woman with a little ingenuity can manage this without much trouble, and, in fact, she can make these out-of-doors Saturdays easier for herself than Saturdays spent at home.

If the children in question are strong, they can be sent out of doors for the rest of the school year. The woman with a little ingenuity can manage this without much trouble, and, in fact, she can make these out-of-doors Saturdays easier for herself than Saturdays spent at home.

Half a dozen small sandwiches, filled with chicken, minced egg, lettuce or jam, an apple, perhaps some nuts, and a few cookies, a simple little patty-cake can be packed into a small box and will provide sufficiently satisfying for the Saturday picnic lunch.

In some regions walks of historic interest can be planned—a tramp to an old Indian fort, perhaps, or a visit to one of Washington's numerous headquarters.

These walking trips will be found far more sure of success if an older person goes with the children each time.

Wants Hospital Inquiry.

Safety first in filling prescriptions in hospitals occupied the attention of the Washington Safety First Association, at the Public Library Wednesday night, when Dr. L. D. Walker introduced a resolution to ask the Commissioners to furnish names of hospitals which have not registered and are filled by nurses. The resolution was adopted.

Free to Ladies

Send your name and address to M. & C. Laboratories, 912 14th St. We will send you a sufficient quantity of M. & C. Cleansing Cream for a satisfactory test. It cleanses, beautifies and preserves the skin.

M. & C. Toilet Preparations at drug and department stores.

MRS. GIFFORD PINCHOT WILL DISTRIBUTE FOOD WITHIN GERMAN LINES



Photo by Campbell Studio

MRS. GIFFORD PINCHOT.

Gifford Pinchot, former chief forester of the United States, today is taking the bride he married last August into the heart of the war zone in France behind the German lines. They left London and will go through Rotterdam, across the sea, to a waiting boat, and then behind the German advance in France, where Mr. Pinchot will have charge of the distribution of food to French non-combatants.

Mrs. Lloyd Stevens Bruce, of New York, mother of Mr. Pinchot, received the following cable message from London:

"At my request just appointed special agent, State Department, for distribution of food to French non-combatants within German lines. No political significance, but solely to fulfill to work."

Mrs. Bruce said that it was necessary, according to messages from her daughter, to have a dozen of a neutral power in charge of this work, although the food will doubtless come from France in addition to the special commission from the State Department at Washington, she said. Mrs. Bruce said that the food will be distributed from President Poincaré, and the approval of the British government.

SUFFRAGE WORKERS TO MEET.

Mrs. Belmont Will Be Hostess to Congressional Union's Council.

There will be a meeting of the advisory council of the Congressional Union for Woman Suffrage at Mrs. O. H. P. Belmont's residence in New York on March 11, for the purpose of discussing plans for the next several months. The whole campaign of the union's work will then be laid out. It is not known now whether all work will be stopped until Congress convenes or whether the union will campaign in suffrage States, working up political sentiment, or in every State in the Union. All three plans are under consideration and will be settled there.

Mr. Belmont, the former chairman of the Congressional committee of the National Suffrage Association, will talk on past Federal work; Miss Lucy Burns, vice chairman of the Congressional Union, will talk on the work of the Sixty-third Congress, and Miss Alice Paul, chairman of the Congressional Union, will talk on the future plans of the organization.

Mrs. Donald R. Hooker, chairman of the finance committee, will talk on plans which she is evolving for financing the work of the union. She also will draw up a constitution to be presented at the meeting.

The work of the union seems to be of great interest to prominent members of the D. A. R., including Mrs. Helen Hill Weed, former vice president general of the D. A. R. Mrs. Minnie E. Brooke, of North Carolina, has just returned from a trip through most of the Southern States and feels very optimistic about the women of the South in the Anthony amendment. She spoke a great many times and got in touch with women in practically every State.

Saturday morning at 11 o'clock at an open meeting of the Federation of Women's Clubs of the District, Mrs. William Kent and Miss Lucy Burns will speak.

The Easter bride wears a skirt that reaches only to the ankles, although there is an attached train. This model is carried out in chain train, the front panel of the skirt being of lace founcing. The draped satin bodice is worn over a lace gimp. One yard of lace founcing and five yards of 40-inch satin. Pictorial Review Waist No. 5231. Skirt No. 4085. Sizes 22 to 32 inch waist. Price, 15 cents.

When It Comes to Colors.
There's white.
And black and white.
And many yellow tones.
And there are the cool grays.
Which come in several tints.
Rose and pink shades as ever will be favored.
Even and all the tan and sand tones will be popular.
These serve in one-color rigs or in those in the various combinations.—Philadelphia Record.

FAMOUS WOMAN HER BIRTHDAY AND YOURS

March 12—Mrs. Pierce Sophie Cravelli.

Sophie Cravelli was a noted German singer, born March 12, 1836. She was originally named Cravelli, but the Italian rendering of the name she adopted for her profession.

Jane Pierce, who was born March 12, 1868, was the wife of President Pierce, and it would be hard to find in all the records of the White House a woman of greater refinement or a more charming hostess than she. But unfortunately, just before the inauguration of Mr. Pierce their thirteen-year-old son was killed in a railroad accident and Mrs. Pierce never fully recovered from this shock. However, she did her duty as mistress of the White House and made it a special point never to be absent from the occasions held there in spite of the fact that she had no taste for fashion and society.

Mrs. Pierce was the daughter of President-elect John Tyler. She was always in spite of the fact that she was always of an extremely delicate constitution she was a woman of considerable education and accomplishments. She was married to Pierce when he was in the United States Congress and she was 28. Another distinguished woman born on March 12 is Mary Howitt, a nineteenth-century writer of the early nineteenth century. She wrote books for children that attained great popularity and her translations of the works of Hans Christian Andersen proved to be very successful. In all she produced some 110 works. (Copyright, 1915.)

NEWSPAPER MEN MAKE BEST COMMISSIONERS

Brownlow Says Perpetual Changing Is Common with Daily Papers and Commission's Labor.

Newspapermen are best trained to be commissioners of the District because they are trained to see things change seven-fifty times, which is an everyday occurrence at the District Building, according to Commissioner Brownlow, who addressed the Connecticut Avenue Citizens' Association in the assembly hall of the Army and Navy Preparatory School last night.

"Lawyers, doctors, and other professional men usually want to finish a thing once they start it," said the Commissioner, "but the man who has served on a morning paper and handled a double or triple murder at 2 a. m. knows what it is to be a District commissioner, for things seem to change down there about eighty-six times a day."

MORNING MUFFINS.

Sultana Biscuits—Soft one quart of flour with a teaspoonful each of salt and bicarbonate of soda, and then with the hands rub in two tablespoonsful of lard. Next mix in a cupful of Sultan's cereals well sprinkled in flour. Stir in gradually enough sour milk to make a soft biscuit dough. About one pint of milk will be required.

Form little cakes with the hands, dip into flour and bake twenty minutes in a hot oven.

Pop-Overs—Take one cup of flour and mix smooth with one cup of sweet milk and one well-beaten egg. Add a pinch of butter the size of a walnut and a pinch of salt. Bake in gem pans in a quick oven.

Corn Bread—To one quart of sour milk add one rounding teaspoonful of bicarbonate of soda dissolved in two tablespoonsful of warm water. Stir in a few moments and add two eggs well beaten, one level tablespoonful of butter, melted, and one quart and a half pint of corn meal. Mix together thoroughly and bake forty minutes in a shallow baking tin.

Mush Bread—Heat one pint of milk in a double boiler and stir in slowly half a pint of white corn meal. Boil until it becomes a mush that can be poured from the spoon. Remove from the fire and add one tablespoonful of salt. Drop in the yolks of four eggs, one at a time. Beat the white to a stiff froth and add to the other ingredients. Bake for half an hour. This should be served in bowls and eaten as a breakfast food with a fork.

Southern Biscuits—Work together one tablespoonful of butter and lard mixed with one quart of flour and one level teaspoonful of salt. Make a rather dry dough by adding one-half pint of milk and water mixed, pour it in gradually, so that not all of the milk be used if the ingredients hold together. Knead for fifteen minutes until it is soft and elastic. Then beat constantly for twenty minutes longer, folding in every few minutes in a square half an inch thick. Out in biscuits, prick the tops and bake in a moderate oven for forty minutes or until thoroughly done to the center. The top and bottom should be a beautiful golden brown, and the secret of their lightness lies in the long kneading.

CAZAR REVIEWS RUSSIAN FLEET.

Finnas Cheer Emperor During Visit to Helsingfors.

Helsingfors, Finland, March 10 (via Petrograd). March 10—Emperor Nicholas here today from Petrograd and was given an enthusiastic greeting. The city is decorated gallily in honor of the imperial visit.

During the morning the Emperor visited the Orthodox Cathedral, and also the Protestant Cathedral, and in the afternoon he inspected the Russian warships in the vicinity of the Fortress of Sveaborg.

TYPHOID ENDS HONEYMOON.

Marshall Field III Brought to New York on Special Car.

New York, March 11—Suffering from typhoid fever, Marshall Field III, the young Chicago millionaire, according to his bride, the former Miss Evelyn Marshall, arrived from Palm Beach in a special car tonight. Mr. Field was carried on a stretcher to a waiting ambulance. Mr. and Mrs. Field were married February 6 at the Marshall home. Previous to the ceremony, both had been suffering from grip. They went to Palm Beach to spend their honeymoon. Mr. Field was stricken several days ago.

Soap and Powder Papers.

Savon toilet and powder papers are never really appreciated until the warm weather comes upon us. Then the small books of powder paper, which comes in several tints, the books of soaped paper, the leaves of which turn into a free lather as soon as they are wet, seem like gifts from the fairies.

A woman who travels with a book of powder papers, a book of soap leaves and a few lengths of the absorbent paper toweling, which can be bought by the roll, neatly stored in her hand bag can be comfortably clean wherever she is with little effort.

The ancients credited the raven with unusual longevity, but modern investigation shows that it is not warranted. The bird rarely lives more than seventy years.

YOUR MONEY BUYS MORE AT OUR STORES

R. E. Smith, Sixth and D Streets Southeast, is now a member of this organization.

Fresh Creamery Butter, 1 pound prints.	Pure Lard, per pound.	Strictly Fresh Country Eggs, per dozen.	De Luxe Brand Tuna Fish, Halves, 12½c.
35c	12½c	23c	Full size cans, 19c.

Whole Milk Cheese, very fine, per pound. 20c
Snappy Cheese, per package. 9c
Fancy Sugar Cured Hams, per pound. 16c
Corned Pig Hams, per pound. 16c
Fresh Pig Hams, per pound. 16c
Gambrell's Patapoco Flour, 6-lb. sack, 28c; 12-lb. sack. 55c
Gold Medal Flour, 6-lb. sack, 30c; 12-lb. sack. 59c
"Ball Frog" Self-Rising Flour, full 2-pound package. 10c

A saving of both time and money may be effected through the use of this article.

Golden Egg Spaghetti and Macaroni, regular 10-cent packages, each 7½c
Washington Crisps, 3 packages. 25c
Consumers' Delight Coffee, per pound. 25c
Banquet Brand Coffee, per pound. 30c
Macaronie Kipper Herring, ½-lb. can, 10c; 1-lb. can. 25c
Campbell's Beans, 3 cans for 1 can No. 3 Standard Tomatoes, 1 can Sugar Corn, 1 can early June Peas. 23c
Large Can Sweet Potatoes. 10c
California Peaches, good quality, large can. 12½c
California Asparagus, large can. 19c
California Asparagus Tips, per can. 20c
Choice White Potatoes, per peck. 17c
Hand Picked White Beans, per quart. 12½c
Double Tip Noiseless Matches, per doz. in boxes. 12½c

These Prices Prevail for Friday and Saturday

LEAGUE OF CONSUMERS' FRIENDS

PATRONIZE THE STORE NEAREST YOU.

SOUTHWEST
R. E. W. Schmidt, 8th and D Sts.
H. T. Gover, 7th and C Sts.
A. G. Schmidt, 4th and D Sts.
I. Sager, 3d and C Sts.

NORTHWEST
Columbia Tea and Coffee Co., 1505 N. Capitol St.
C. Hamming, 312 Penn. Ave.
A. H. Pitt, 6th and Q Sts.
N. F. Turner, 3426 14th St.

SOUTHEAST
H. C. Robinson, 9th & E. Ave.
Brinkley Bros., 1101 2d St.
G. E. Robinson, 535 4th St.
Brinkley Bros., 6th and A Sts.
Brinkley Bros., 108 N St.
R. E. Smith, 6th & D Sts.

NORTHEAST
H. C. Robinson, 1117 H St.
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J. Kraus & Son, 910 13th St.
J. E. Diggle, 1117 H St.
Luther F. Hall, 12th and H Sts.

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TOMORROW'S MENU.

"A cheap but wholesome salad from the brook"—Beaumont.

BREAKFAST.
Baked Apples.
Cereal and Cream.
Unsalted.
Coffee.

LUNCHEON OR SUPPER.
Cold Roast.
Peanut Pie.
Canned Peaches.

DINNER.
Oxtail Soup.
Sweet Potatoes.
Lamb Chops.
Peas.
Crown Salad.
Tapioca Cream.

Baked apples: Remove the cores from apples and push about a third of a banana into each core cavity. Bake and serve with cream.

Potato pie: Butter a pudding dish and into it put a layer of thinly sliced cold boiled potatoes. Sprinkle over this pepper, salt, chopped onion and chopped parsley and a few slices of hard-boiled egg. Repeat until the dish is full, cover with a good crust, and bake for an hour. One onion and two hard-boiled eggs are enough for the dish.

Watercress salad: Wash watercress thoroughly and shake until perfectly dry, then put it on ice and serve with French dressing and browned cracker.

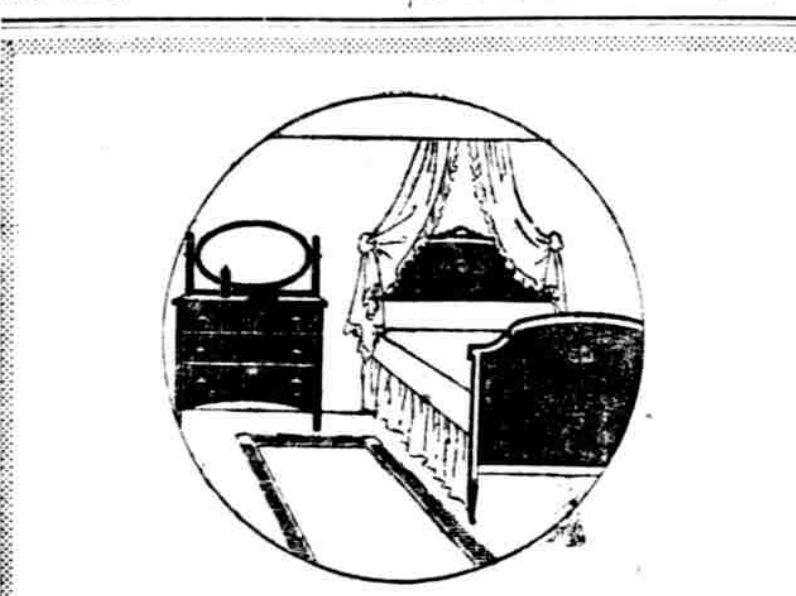
An English Inspiration.
The Dickens influence has been noticed in children's suits and dresses for some time, but for the spring season the lines are introduced in dresses for grown-ups.

An effective example of the Dickens influence is found in an adult dress known as the "Oliver Twist." The dress of this dress is made of covert cloth, draped into full lines and ornamented with pockets on either side of the front. The blouse is not joined to the skirt, but is made of a separate piece of cloth. The line is broken, as the blouse is made of taffeta to match the color of the skirt. To the neck of the dress is added a high turnover collar of silk. This, as well as the blouse, closes at the front, the line of fastening being outlined with tiny buttons of a contrasting color. Suspenders of the covert cloth appear over each shoulder and cross at the back. The four ends of the suspenders are fastened to the skirt by means of very evident high turnover buttons. These suspenders differ from the masculine gallowses, in that a crescent-shaped piece of cloth sewed to the suspender straps in back forms a collar.

By way of a change, a lace blouse could be worn alternately with the silk one, and thus transform the dress from a practical model to a semi-frilly one.

Dogs to Be French Sentries.
Paris, March 11.—A corps of dog patrols has left Paris for the front. The dogs will accompany outposts and advanced sentries. They are trained to give the alarm at the approach of the enemy, especially at night.

Two of the recruits from Toronto who recently sailed for England are sons of a man who fought in South Africa, grandsons of a British soldier, and great-grandsons of a soldier who fought at Waterloo.



Simple and Inexpensive

If the home must be furnished inexpensively there's no reason why it should not still be pretty and comfortable.

We carry lines of furniture that are very attractive because of the simplicity of their design. Their prices are low, but they embody good, honest value.

If you prefer a bed in brass or white enameled iron there's where we can show you the best values in Washington. Just come in and look at our displays—look particularly at the prices, marked in figures you can read.

We'll not sell an article that we hesitate to guarantee absolutely. You are looking for goods upon which you depend for years of service and we make it possible for you to buy them here by granting liberal credit privileges, with small weekly or monthly payments.

There's no red tape connected with our charge accounts—you sign no notes and pay no interest.

Grogan's, 817 to 823 Seventh St.